

Charmaine D

Price Structure

As of March 1, 2025, the following price structure will be in effect for all services provided by Charmaine D.

To ensure prompt scheduling and minimise delays between appointments, we have introduced a turnaround time between clients. This means that we will allocate the following times between appointments:

Skin Treatments: 10-15 minutes
Body Treatments: 10-15 minutes
Consultation: 15 minutes

For more comprehensive information about all services please visit and browse through the website at <https://charmainednaturopath.com.au>



Skin Treatments

Our skin treatments utilise a range of advanced machines and techniques to address various skin concerns and use a range of bio-organic skincare products. The following services are available:

1-hour Anti-Aging Treatment/ Charmaine's signature treatment - \$155

A bespoke combination of diamond tip dermabrasion, oxygen therapy, biomesasculpture, sculpting and lifting, radio frequency, and Hollywood lift: all assist to stimulate collagen and elastin production, reduce fine lines and wrinkles, and improve skin texture and tone. Includes a shoulder massage.

50-minute Skin Treatment - \$115

A customised treatment using 2-3 machines and specific products to address specific skin concerns such as acne, rosacea, or scar revision. Includes a shoulder massage.

25-minute Lymphatic Drainage Treatment - \$65

A gentle cupping and massage therapy to stimulate lymphatic circulation, reduce fluid retention, and promote overall skin health.

- Additional 15-minute consultation time may be added to the 25-minute treatment at an additional cost of \$25

Initial SQT Treatment and Under Skin consult 90 minutes - \$325

SQT 50 minute Treatment - \$290-\$345

Book a Free Why You Consult online to discuss if this amazing treatment is for you!

<https://charmainednaturopath.com.au/book-your-why-you-free-consult-with-charmaine-d-naturopath/>

Body Treatments

A combination of biomesasculpture/cupping/lymphatic drainage, fat cavitation, and radio frequency to promote detoxification, relaxation, and overall well-being. Assisting in weight reduction, skin tightening and circulation, to address specific body concerns. Price structure also includes waxing, tinting, and massage the following time schedules available:

30-minute Body Treatment - \$85
60-minute Body Treatment - \$145
75-minute Body Treatment - \$175

Consultation added to skin or body treatments

Consultations added to skin or body treatments are available with Charmaine D to review your treatment plan, discuss progress, or address new concerns. The following consultation options are available

30-minute Consultation: A comprehensive review of your treatment plan and progress. \$75 added to a skin and body treatment

Under Skin Consult (USC) 45minutes - \$105

What is an under the Skin consult ?

Explore a holistic approach to wellness with our Under the Skin Consult. This comprehensive service includes:

- In-Depth Assessment : Understand internal and external factors affecting your skin and body.
- Personalised Wellness Plan : Tailored recommendations for skin concerns, dietary advice, and natural remedies.
- Skincare Guidance : Optimise your skincare routine for healthy, radiant skin.

Achieve your beauty and wellness goals—schedule your Under the Skin Consult today! 45 minutes - \$105

Iridology

Photos x6 in total x3 of each eye including sclera. Analysis and report in relation to your known condition and health – and client analysis form. Ageing process analysis available

- 30 minutes added to appointment – 45 minutes to perform analysis and presented within 48 hours – \$125
- Photos only to check conditions but not a full analysis – \$45

Body Composition Machine Analysis (VLA by metagenics TGA approved)

- Program information and attaching the analysis probes to read your information Assists in knowing how to choose your body treatments and consultations – \$65
- Include a full analysis and explanation in writing presented within 48 hours – \$55 extra

Naturopathy Consultations

Our naturopathy consultations focus on holistic health and wellness. The following services are available:

Initial Consultation (75 minutes in clinic or virtual)

An in-depth consultation including analysis of your online consult form prior to the visit, a 75-minute consultation with a personalised protocol emailed within 24 hours – \$195

Initial Consultation with Follow-up (75 minutes plus 30 minutes in clinic or virtual):

An in-depth consultation including analysis of your online consult form prior to the visit, with a personalised protocol emailed within 48 hours, followed by a 30-minute in person follow-up within two weeks – \$250

Comprehensive Naturopathy Consultation (75 minutes plus 30 minutes in clinic or virtual)

An in-depth consultation including analysis of your online consult form prior to the visit, a comprehensive written presentation and follow-up plan of action emailed within 48 hours, followed by a 30-minute in person or virtual follow-up within two weeks. – \$305

Follow up Consultations Virtual or in-clinic including a new protocol

- 40 minutes – \$75
- 60 minutes – \$140

Everyday Ailment Consultation Virtual or in-clinic 30 minutes – \$75

New additional analysis machines may be introduced and using these may assist consultations – if used as part of set consult times no extra charge – if used outside of consultation times – \$55

Blood or Testing Result Analysis

We offer analysis and interpretation of blood test or other medical or healthcare provider results. The following services are available:

Blood or Testing Results Analysis(per hour): An analysis and interpretation of blood tests or other medical results with personalised recommendations – \$95/hour

Email Questions and Correspondence

To ensure the privacy of your personal information, we request that all correspondence apart from appointment time queries or changes be made via email rather than SMS text message.





Please note additional fees may be charged for answering emails of \$25

Complex Case Analysis/Reports

For complex cases Analysis/Report (2 hours- time allocated outside your consultation):A comprehensive review of your medical history, lifestyle, supplements, diet, and test results with a personalised plan of action emailed within 48 hours. – \$195

Please note that additional fees may apply for questions requiring more than 5 minutes of response time or for complex case analysis/reports requiring more than 2 hours of work outside of your appointment time

Contact Charmaine D

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[Book Here]



Charmaine D

Naturopathic Health Practitioner and
Holistic Aesthetician

Personalised Consultation
Educational Insights
Advanced Skin and Body Treatments