

CHARMAINE D PRICE STRUCTURE

As of July 1, 2024, the following price structure will be in effect for all services provided by Charmaine D.

To ensure prompt scheduling and minimise delays between appointments, we have introduced a turnaround time between clients. This means that we will allocate the following times between appointments:

- Skin Treatments: 10-15 minutes
- Body Treatments: 10-15 minutes
- Consultations: 15 minutes

For more comprehensive information about all services please visit and browse through the website at <https://charmainednaturopath.com.au>

Skin Treatments

Our skin treatments utilise a range of advanced machines and techniques to address various skin concerns and use a range of bio-organic skincare products. The following services are available:

1-hour Anti-Aging Treatment /Charmaine's signature treatment - (\$145)

A bespoke combination of diamond tip dermabrasion, oxygen therapy, bio-mesasculpture, sculpting and lifting, radio frequency, and Hollywood lift: all assist to stimulate collagen and elastin production, reduce fine lines and wrinkles, and improve skin texture and tone. Includes a shoulder massage.

50-minute Skin Treatment - (\$105)

A customised treatment using 2-3 machines and specific products to address specific skin concerns such as acne, rosacea, or scar revision. Includes a shoulder massage.

25-minute Lymphatic Drainage Treatment: - (\$50)

A gentle cupping and massage therapy to stimulate lymphatic circulation, reduce fluid retention, and promote overall skin health.

- Additional 15-minute consultation time may be added to the 25-minute treatment at an additional cost of \$15.

BODY TREATMENTS

Body treatments

A combination of biomesasculpture/ cupping/ lymphatic drainage, fat cavitation, and radio frequency to promote detoxification, relaxation, and overall well-being. Assisting in weight reduction, skin tightening and circulation, to address specific body concerns. Price structure also includes waxing, tinting, and massage. The following time schedules available:

- 30-minute Body Treatment - (\$65)
- 60-minute Body Treatment - (\$125)
- 75-minute Body Treatment - (\$155)

Consultations added to skin or body treatments

Consultations added to skin or body treatments are available with Charmaine D to review your treatment plan, discuss progress, or address new concerns. The following consultation options are available:

- 30-minute Consultation: A comprehensive review of your treatment plan and progress. \$45 added to a skin or body treatment.



Iridology

Photos x 6 in total x 3 of each eye including sclera. Analysis and report in relation to your known condition and health – and client analysis form. Ageing process analysis available.

- 30 minutes added to appointment – 45 minutes to perform analysis and presented within 48 hours. - (\$125) –
- Photos only to check conditions but not a full analysis - (\$45).

Body Composition Machine analysis

(VLA by metagenics TGA approved)

- Program information and attaching the analysis probes to read your information Assists in knowing how to choose your body treatments and consultations. - (\$45)
- Include a full analysis and explanation in writing presented within 48 hours. - (\$35 extra)

Naturopathy Consultations

Our naturopathy consultations focus on holistic health and wellness. The following services are available:

Initial Consultation (75 minutes in clinic or virtual)

An in-depth consultation including analysis of your online consult form prior to the visit my time, a 75-minute consultation in clinic or online with a personalised protocol emailed within 24 hours. - (\$145)

Initial Consultation with Follow-up (75 minute plus 30 minutes in clinic or virtual):

An in-depth consultation including analysis of your online consult form prior to the visit my time, a 75 minute consult in clinic or online and a personalised protocol emailed within 48 hours, followed by a 40-minute in-person or virtual follow-up within two weeks. - (\$195)

Comprehensive Naturopathy Consultation (75 minutes in clinic or virtual and an in depth analysis emailed)

An in-depth consultation including analysis of your online consult form or prior case history – before the visit my time, a 75 minute in clinic or virtual consultation either initial or follow up and a comprehensive written presentation and follow-up plan of action emailed within 48 hours (approx. 2 hours of my work after the consultation - (\$250)

Follow up consultations virtual or in-clinic including a new protocol

- 40 minutes - (\$60)
- 60 minutes - (\$95)

Everyday Ailment consultation virtual or in-clinic

- 30 minutes - (\$50)

New additional analysis machines may be introduced and using these may assist consultations – if used as part of set consult times no extra charge – if used outside of consultation times – (\$55)

Blood or Testing Results Analysis

We offer analysis and interpretation of blood tests or other medical or healthcare provider results. The following services are available:

- Blood or Testing Results Analysis (per hour): An analysis and interpretation of blood tests or other medical results with personalised recommendations. - (\$65 per hour)

Email Questions and Correspondence

To ensure the privacy of your personal information, we request that all correspondence apart from appointment time queries or changes be made via email rather than SMS text message.

Complex Case Analysis/Reports

For complex cases requiring extensive analysis and report-writing, the following service is available:

- Complex Case Analysis/Report (2 hours - time allocated outside your consultation): A comprehensive review of your medical history, lifestyle, supplements, diet, and test results with a personalised plan of action emailed within 48 hours. - (\$150)

Please note that additional fees may apply for questions requiring more than 5 minutes of response time or for complex case analysis/reports requiring more than 2 hours of work outside of your appointment time.

Contact us

- 📞 0407 077 134
- ✉️ hi@charmainednaturopath.com.au
- 🌐 www.charmainednaturopath.com.au/
- 📍 160a Broadway, Glenelg Sth SA 5045



[Book Here]

